

## SeattleCoach Cohorts: Virtual and In-Person/Blended

As the world opens up again, we at SeattleCoach know that it's opening up differently. Through lots of hard work and resilience, most of us have found ways to learn and connect virtually. And we don't miss the traffic. But boy, are we ready to be in the same room again with other coaches, co-learners, and people we care deeply about.

We those things in mind, we've got options for people who are ready to experience professional coach training and development with SeattleCoach, aka *"The small craft brewery of coach training programs."*

**Going forward, SeattleCoach will host two types of Cohorts—and when we interview you, we'll ask you to talk with us about your preference:**

1. **Virtual.** Along with the rest of the world, since March of 2020, we've adjusted AND have happily kept our magic. Members of our virtual Cohorts are experiencing learning and relationships that are as close as ever. We just don't know how tall some people are. This will be the best option for participants who don't live in the Seattle area and who have Covid or health concerns. Virtual session will each be no longer than two hours.
2. **In-Person/Blended.** We also know that people are eager to learn together again in the same room. Here's what we mean by "Blended": Approximately half of our time together will be in-person at the SeattleCoach Offices, and half will be virtual. The members of each Cohort and their faculty team will collaborate on the schedule.
  - a. The virtual sessions will each be no longer than two hours.
  - b. And because we want to make the commute to our offices on East Lake Union worthwhile, our in-person sessions have the option of meeting for up to four hours.
  - c. We will make sure that participants know the schedule well in advance of each launch.
  - d. We will regularly wipe down frequently touched surfaces in our offices.
  - e. And (as always) we will ask you to stay home if you're feeling sick.

**FYI: We do not host "hybrid" sessions where some members are present in the room while others are present virtually.**

### Whether Virtual or In-Person/Blended:

1. Our Cohorts will include a maximum of ten participants plus two faculty members.
2. And our two Core Modules will always include sixty hours of synchronous learning: i.e., interactive, and real time with live-action teaching and feedback.
3. All of our Cohorts last approximately eight months (taking breaks for major holidays and for shared schedule conflicts).

### Occasionally:

The whole SeattleCoach tribe comes together for a big Saturday social time. Expect to see members of both Virtual and In-Person/Blended Cohorts at our [Summits](#).