

## **SeattleCoach Module III (ICF Level II) Advanced Cohorts**

Upon completion of our “Flagship” training Modules (75 hours, “Level I” in ICF-speak), our coaches fulfill the coach-specific training that is required for initial ACC credentialing. Their next steps are to:

1. Continue to log their first 100 hours with at least eight different coachees,
2. To complete three hours of individual mentor coaching with a member of the SeattleCoach faculty,
3. And to work with their mentor coach to prepare for assessment and for application to the International Coaching Federation (ICF).
4. In addition, at the completion of Module II, we happily award each of our Flagship graduates the following badge which links to this page: <https://www.seattlecoach.com/seattlecoach-certified.html>



Then, as they continue to build their coaching skills and presence, we invite SeattleCoaches to join one or more of the following “Module III” Cohorts. Each Module III option has been inspired through the years by the aspirations of SeattleCoaches and coaching leaders. Each one is approved by the ICF as meeting the “Level II Accreditation” standard. This means that each one fulfills the continuing education requirement for renewing ACC credentials (every three years), or for up-leveling to the PCC or MCC certification (along with 500 and 2500 hours of coaching respectively).

***Note: Through the years, SeattleCoach has offered several “Module III” options, each one having been approved as coach-specific training hours by the ICF.***

***What follows is a consolidation, for our ICF Level II standing, of our best offerings.***

***Most important, each SeattleCoach Module III Cohort is designed for coaches who want to keep growing in the company of other great SeattleCoaches. Think of each option as a true mastermind team.***

- ***Each Module III Cohort launches about once a year.***
- ***Each one may include peer coaching as coaches add “bartered hours” to their coaching log.***

**As you review the following three Module III Options, consider how each one could further the development of your work.**

### **Module III Option #1:**

#### **“Moving Towards Mastery” (three sections) ICF Course 200-A**

Each section is designed to be experienced via a one-year Cohort of fellow coaches.

- **Each will meet for ten months for two hours.**
- **A Cohort will launch when ten SeattleCoaches have signed up.**

#### **Section A: Intro to Working with Groups and Teams**

Content and facilitation focus on the systemic and organizational work of coaching groups and teams. Students are encouraged and challenged to launch their own work with a group or a team during the course of the class, so time is allocated for related case consultation, personal and business development, and a review of core competencies. Optionally, participants are encouraged to coach reciprocally with other members.

**Total approved hours: 18 hours of live interaction (All Core Competencies hours) + 14 hours of preparation and self-study = 32**

#### **Section B: Branding, Marketing and Business Growth**

Instruction includes focus on the elements of a business model, value propositions, customizing visibility, personal development, business structure and fee setting. In addition, time is allocated for related case consultation, personal development, and a review of core competencies. Optionally, participants are encouraged to coach reciprocally with other members.

**Total approved hours: 16 hours of live interaction (All Core Competencies hours) + 12 hours of preparation and self-study = 28**

#### **Section C: Coaching Supervision/Mentor Coaching/Case Consultation**

Facilitated by Licensed Marriage and Family Therapist and Master Certified Coach, Patricia Burgin, coaching supervision focuses less on additional content, and more on the application the SeattleCoach approach to each member’s personal and professional “cases, quandaries and questions.” Optionally, participants are encouraged to coach reciprocally with other members.

**Total approved hours: 10 hours (All Core Competencies hours) + 8 hours of preparation and self-study = 18**

## **Module III Option #2:**

### **“Becoming a SeattleCoach® Groups and Teams Coach” ICF Course 200-B**

This option is designed to be experienced via a two-year Cohort of fellow coaches. Students who leave the Cohort early are awarded documentation of actual hours.

- *Each will meet monthly for two years for two hours (ten meetings per year)*
- *A Cohort will launch when ten SeattleCoaches have signed up.*

This **two-year long** Module III Option focuses on the application of coaching skills and presence to coaching corporate cultures and leaders. Content and facilitation builds on the systemic and organizational work of coaching groups and teams. Coaches are encouraged and challenged to launch their own work with a group or a team during the course of our year together, so time is allocated for related case consultation, personal development, and review of core competencies. Optionally, participants are encouraged to coach reciprocally with other members.

#### **Emphasis #1 Systems theory; leveraging team strengths; the roles of sponsors, internal coaching leaders, and team leaders**

**Total approved hours: 15 hours of live interaction (All Core Competencies hours) + 12 hours of preparation and self-study = 27**

#### **Emphasis #2: Workshop Design: Content and flow; pre-work; building in peer accountability**

**Total approved hours: 15 hours of live interaction (All Core Competencies hours) + 12 hours of preparation and self-study = 27**

#### **Emphasis #3: Facilitation: Engage, Explain, Illustrate, Apply, Repeat**

**Total approved hours: 15 hours of live interaction (All Core Competencies hours) + 12 hours of preparation and self-study = 27**

Upon completion, coaches are awarded this badge:



### **Module III Option #3:**

#### ***“Supervision, Mentor Coaching & Case Consultation: The Person and Presence of the Coach” ICF Course 200-C***

Facilitated by Licensed Marriage and Family Therapist and Master Certified Coach, Patricia Burgin, this Module III Option is for veteran ACCs and PCCs and focuses less on additional content, and more on the application the SeattleCoach approach to each member’s personal and professional “cases, quandaries and questions.” Optionally, participants are encouraged to coach reciprocally with other members.

- ***Each Cohort will meet for ten months for two hours each month.***
- ***A Cohort will launch when ten SeattleCoaches have signed up.***

Total approved hours: 20 hours of live interaction (All Core Competencies hours) + 10 hours of preparation and self-study = **30**

***Module III Option #3 is a mastermind group that fosters the growth of our strong community of practice. Thus, once a coach has completed Module III Option #3, we invite them to “re-up” together.***

***Though the ICF doesn’t award more credit for repeating a year in a “supervision, mentor coaching & case consultation” cohort, the experience is still priceless.***