SeattleCoach Module III (ICF Level 2) Accredited Education

The following courses are corrected to comply with the new 50-50 ICF synchronous/asynchronous ratio (the old one was 80-20).



Upon completion of our "Flagship" Modules (90 hours, "Level "1 in ICF-speak), our coaches fulfill the ICF accredited education required for initial ACC credentialing. Their next steps are to:

- 1. Continue to log their first 100 hours with at least eight different coachees,
- 2. To complete three hours of individual mentor coaching with a member of the SeattleCoach faculty,
- 3. And to work with their mentor coach to prepare for assessment and for application to the International Coaching Federation (ICF).
- In addition, at the completion of Module II, we happily award each of our Flagship graduates the following badge which links to this page: <u>https://www.seattlecoach.com/seattlecoachcertified.html</u>



Then, as they continue to build their coaching skills and presence, we invite SeattleCoaches to join one or more of the following "Module III" Cohorts. Each Module III option has been inspired through the years by the aspirations of SeattleCoaches and coaching leaders. SeattleCoach has been accredited for coaching education (Level 2) by the ICF. This means that each one fulfills the education requirements for renewing ACC credentials (every three years), or for up-leveling to the PCC or MCC certification (along with 500 and 2500 hours of coaching respectively).

Each SeattleCoach Module III Cohort is designed for coaches who want to keep growing in the company of other great SeattleCoaches. Think of each option as a true mastermind team.

- Each Module III Cohort launches about once a year.
- Each Module III Cohort is taught by SeattleCoach PCCs and MCCs (qualified mentor coaches).
- Each one meets the ICF's "Level 2 Accreditation" standard.
- Participants are observed coaching, and receive written feedback at least once.
- And each may include peer coaching as coaches add "bartered hours" to their coaching log.

Module III Option #1: "Moving Towards Mastery" (three sections) ICF Course 200-A

Each section is designed to be experienced via a one-year Cohort of fellow coaches.

- Each will meet monthly for two years for two hours (ten meetings per year).
- A Cohort will launch when ten SeattleCoaches have signed up.
- The teaching team decides "emphases" below based on participants' requests.
- And each offering may include 7 hours of group mentor coaching.

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Section 1: Intro to Working with Groups and Teams

Content and facilitation focus on the systemic and organizational work of coaching groups and teams. Students are encouraged and challenged to launch their own work with a group or a team during the course of the class, so time is allocated for related case consultation, personal and business development, and a review of core competencies.

Total accredited hours: 20 hours of live interaction (All Core Competencies hours + _____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 (or based on actual attendance).

Section 2: Branding, Marketing and Business Growth

Instruction includes focus on the elements of a business model, value propositions, customizing visibility, personal development, business structure and fee setting. In addition, time is allocated for related case consultation, personal development, and a review of core competencies. Participants are observed coaching, and receive written feedback at least once.

Total accredited hours: 20 hours of live interaction (All Core Competencies hours + _____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 (or based on actual attendance).

Section 3: Pathway to PCC

Facilitated by Professional Certified Coaches/Master Certified Coaches, this focuses less on additional content, and more on the application the SeattleCoach Module I and Module II content to each member's personal and professional "cases, quandaries and questions" as they move to a higher level of coaching mastery.

Total accredited hours: 20 hours (All Core Competencies hours + ____ hours of group mentor coaching), including 7 hours of group mentor coaching + 20 hours of preparation and independent study = 40 (or based on actual attendance).

Module III Option #2: "Becoming a SeattleCoach® Groups and Teams Coach" ICF Course 200-B

This Module III option is designed to be experienced via a two-year Cohort of fellow coaches. Students who leave the Cohort after each year are awarded documentation of actual hours attended.

- Each will meet monthly for two years for two hours (ten meetings per year).
- A Cohort will launch when ten SeattleCoaches have signed up.
- The teaching team decides "emphases" below based on participants' requests.
- And each offering may include 7 hours of group mentor coaching.

All SeattleCoach Module III (Course 200-B) options focus on the application of coaching skills and presence to coaching corporate cultures and leaders. Content and facilitation build on the systemic and organizational work of coaching groups and teams. Coaches are encouraged and challenged to launch their own work with a group or a team during the course of our year together, so time is allocated for related case consultation, personal development, and review of core competencies.

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Emphasis #1 Systems theory; leveraging team strengths; the roles of sponsors, internal coaching leaders, and team leaders.

Total accredited hours: 20 hours of live interaction (All Core Competencies hours + _____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 hours (or based on actual attendance).

Emphasis #2: Workshop Design: Content and flow; pre-work; building in peer accountability.

Total accredited hours: 20 hours of live interaction (All Core Competencies hours + _____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 hours (or based on actual attendance).

Emphasis #3: Facilitation: Engage, Explain, Illustrate, Next Step (+ who will know?), Repeat.

Total accredited hours: 20 hours of live interaction (All Core Competencies hours + _____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 hours (or based on actual attendance).

Upon completion of year #1, coaches are awarded this badge, along with the (sample) email below it.



Module III Option #3:

"Supervision, Mentor Coaching & Case Consultation: The Person and Presence of the Coach" ICF Course 200-C

Facilitated by Licensed Marriage and Family Therapist and Master Certified Coach, Patricia Burgin, this Module III Option is for veteran ACCs and PCCs and focuses less on additional content, and more on the application the SeattleCoach approach to each member's personal and professional "cases, quandaries and questions."

- Each Cohort will meet for ten months for two hours each month.
- A Cohort will launch when ten SeattleCoaches have signed up.

The following is corrected to comply with the new 50-50 ICF synchronous/ asynchronous ratio (the old one was 80-20). Total accredited hours: 20 hours of live interaction (All Core Competencies hours + ____ hours of group mentor coaching) + 20 hours of preparation and independent study = 40 (or based on actual attendance).

Module III Option #3 is a mastermind group that fosters the growth of our strong community of practice. Thus, once a coach has completed Module III Option #3, we invite them to "re-up" together.

Though the ICF doesn't award more credit for repeating a year in a "supervision, mentor coaching & case consultation", the experience is still priceless.