SeattleCoach "Module III" Advanced Cohorts

Upon completion of our two core "Flagship" training Modules (75 hours), our coaches fulfill the coach-specific training that is required for initial ACC credentialing. Their next steps are to:

- 1. Continue to log their first 100 hours with at least eight different coachees,
- 2. To complete three hours of individual mentor coaching with a member of the SeattleCoach faculty,
- 3. And to work with their mentor coach to prepare their application to the International Coaching Federation (ICF).
- 4. In addition, at the completion of Module II, we happily award each of our Flagship graduates the following badge which links to this page: <u>https://www.seattlecoach.com/seattlecoach-certified.html</u>



Then, as they continue to build their coaching skills and presence, we invite SeattleCoaches to join one or more of the following "Module III" Cohorts. Each Module III Option has been inspired through the years by the aspirations of over 500 SeattleCoaches and coaching leaders. Each one is approved by the ICF as meeting the "Level II Accreditation" standard. This means that each one fulfills the continuing education requirement for renewing ACC credentials (every three years), or for up-leveling to the PCC or MCC certification (along with 500 hours and 2500 hours respectively).

Most important, each Module III Cohort is designed for coaches who want to keep growing in the company of other great SeattleCoaches.

- Each Module III Cohort launches once a year in the Fall.
- Each one may include peer coaching as coaches add "bartered hours" to their coaching log.

As you review the following three Module III Options, consider how each one could further the development of your work.

Module III Option #1: "Moving Towards Mastery"

Stage #1: Working with Groups and Teams

Content and facilitation focus on the systemic and organizational work of coaching groups and teams. Students are encouraged and challenged to launch their own work with a group or a team during the course of the class, so time is allocated for related case consultation, personal and business development, and a review of core competencies.

Total approved hours: 18 (Core Competencies: 5)

Stage #2: Branding, Marketing and Business Growth

Instruction includes focus on the elements of a business model, value propositions, customizing visibility, personal development, business structure and fee setting. In addition, time is allocated for related case

consultation, personal development, and a review of core competencies. You can read more about business development as a coach <u>right here</u>.

Total approved hours: 15.5 (Core Competencies: 5)

Stage #3: Coaching Supervision

Facilitated by Licensed Marriage and Family Therapist and Master Certified Coach, Patricia Burgin, coaching supervision focuses less on additional content, and more on the application the SeattleCoach approach to each member's personal and professional "cases, quandaries and questions." You can read more about Coaching Supervision <u>right here</u>.

Total approved hours: 12 hours (All Core Competencies hours)

Module III Option #2: "Becoming a SeattleCoach® Groups and Teams Coach"

This **two-year long** Module III Option focuses on the application of coaching skills and presence to coaching corporate cultures and leaders. Content and facilitiation builds on the systemic and organizational work of coaching groups and teams. Coaches are encouraged and challenged to launch their own work with a group or a team during the course of our year together, so time is allocated for related case consultation, personal development, and review of core competencies. You can read about past Groups and Teams Cohorts right here.

Stage 1: Systems theory; leveraging team strengths; the roles of sponsors, internal coaching leaders, and team leaders

Total approved hours: 44 (Core Competencies: 24 hours)

Stage 2: Content and flow; pre-work; building in peer accountability

Total approved hours: 44 (Core Competencies: 24 hours)

Stage 3: Facilitating a SeattleCoach "Coaching for Leaders" Workshop

Total approved hours: 44 (Core Competencies: 24 hours)

Upon completion of these three stages, coaches are awarded this badge to use:



Module III Option #3: "Supervision—The Person and Presence of the Coach"

Facilitated by Licensed Marriage and Family Therapist and Master Certified Coach, Patricia Burgin, coaching supervision focuses less on additional content, and more on the application the SeattleCoach approach to each member's personal and professional "cases, quandaries and questions." You can read more about Coaching Supervision <u>right here</u>.

Total approved hours: 48 hours (All Core Competencies hours)

Once a coach has completed a Module III Option, we invite them to join or even to re-up as a member of a Supervision Cohort.

Supervision Cohorts grow into strong communities of practice, so even though the ICF doesn't award more credit for repeating a year of Supervision, the experience is still priceless.