

## **Every Four Years . . .**

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. . . it seems like I make a big change. Maybe it's the embedded high-school-then-undergraduate habit. Maybe it's temperament or attention span. I like to think of it as aspirational restlessness. Whatever, it's just happened again. Right on schedule. Four years ago, I launched the SeattleCoach Professional Training Program. Since then, thirty-five spectacular people have finished eight months of training with me. Many of them continue to work inside companies like Microsoft and AT&T, and several are developing coaching practices. In addition to continued growth in their craft, I've seen a growing need for professional space to work and VOILÀ! (four years later almost to the minute!), the suite next door to mine on the Lake Union dock became available. Long story short, I've expanded, and the next-door "SeattleCoach Annex" will be shared by several of these wonderful coaches who are growing their practices. Sometimes change descends upon us. Sometimes we get to choose it. On this Leap Day, I challenge you to look to your horizon. Is there restlessness? Excitement? Are you "interested in big things, happy in small ways"? I'll pray today for "eyes to see and ears to hear" for what might be out there for you. As I mentioned last time, if you are in that restless-but-scared starting point of big change, I've posted several of my favorite resources on the Free Stuff page of my website. You may especially appreciate the article at the top of the page, "Big Change". Have some fun, come by and see our expanded space on the dock, and be in touch if you need a little extra challenge and support to take a leap.