## **Coachable Issues**

Posted on May 22, 2008 by SeattleCoach

Last month one of you guys wrote to ask, "Patty, I get the difference between coaching and mental health counseling. But what do you think of as a 'coach-able' issue?"

Instantly, a bunch of well-loved faces (and their "coach-able" issues) came to my mind. Here's one of them . . .

New client Dave called me last month feeling derailed on his career path. A director at one of Seattle's big companies, he'd felt on track to become a vice president. But that morning his boss had told him, nope, no VP job was in the works for him. Yet.

But his boss also made him an interesting offer: She'd pay for him to come see me for a few months. Clearly, the boss values Dave and not only wants to keep him on board, but to invest in him as a leader with potential. This is executive coaching and it's full of "Coach-able" goals.

Both Dave and his boss are involved and excited about the goals we've set. We're getting feedback from the people who work with and report to him and I can tell Dave's pleased and honored with this opportunity. Already I see him changing his life and professional performance (and satisfaction!).

Quote of the month: Vocation "is that place where your great joy meets the world's great need." Fredrick Buechner