



**Patricia Ellen Burgin, MA**  
**Master Certified Coach**  
[www.seattlecoach.com](http://www.seattlecoach.com)  
[peb@seattlecoach.com](mailto:peb@seattlecoach.com)

## **CFL in Health Care 2022-23: 90” General Sessions: Where We’re Headed!**

- 1** ***Tuesday, September 20, 3:30-5:00pm***  
Welcome, Introductions, Overview, and Essentials: Why This? Why Now?  
Your Best Hopes?  
Your Leadership Presence  
Defining “Coaching” and “Coachable”: The Coaching Leader’s Arena
- 2** ***Tuesday, October 25, 3:30-5:00pm***  
Resetting  
Human Brains: Belonging, Predictability, and the Stages of Change  
The Coaching Leader’s Play Card  
Meet with Your Triad Coach: *“Tell us a story. We’ll listen like coaches.”*
- 3** ***Tuesday, November 15, 3:30-5:00pm***  
Key Skills and Behaviors Part 1: Co-Creating a Level III Conversation  
Examples and Scenarios: Coaching Big Emotion
- 4** ***Tuesday, December 13, 3:30-5:00pm***  
Key Skills and Behaviors Part 2: Exploring Resistance  
Examples and Scenarios: Tough Conversations
- 5** ***Tuesday, January 17, 2023, 3:30-5:00pm***  
Key Skills and Behaviors Part 3: Finding the Next Step, the Experiment  
Demo and Scenarios: Facilitating Development
- 6** ***Tuesday, February 21, 3:30-5:00pm***  
Key Skills and Behaviors Part 4: Your Authenticity, Transparency, and Presence. Being Brave.  
Demo and Scenarios: Increasing Your Executive Presence
- 7** ***Tuesday, March 21, 3:30-5:00pm***  
Balancing Accountability and Support with Your Team
- 8** ***Tuesday, April 18, 3:30-5:00pm***  
Putting it All Together, Part I  
Navigation: Your Fast-Paced Environment + Finding Ways to be Personally Unhurried
- 9** ***Tuesday, May 16, 3:30-5:00pm***  
Putting it All Together, Part II  
Delivering Coachy Feedback
- 10** ***Tuesday, June, 13, 3:30-5:00pm***  
“Next Steps” Presentations