



Comparing Training Programs

SeattleCoach is an ICF “ACSTH” Training Program. Here’s why . . .

The ICF approves two kinds of robust training paths: ACSTH and ACTP. The quality of training is the same and SeattleCoach has been approved for a total of 381 "Coach-Specific Training Hours"--more than enough for all levels of credentialing and renewal. In addition, SeattleCoach is led by a Master Certified Coach.

Very deliberately, Patty has designed SeattleCoach to be an ACSTH program. This means that:

1. As you grow as a coach you can choose to do your three hours of required individual mentor coaching either with a [SeattleCoach Mentor Coach](#) or with another ICF credentialed coach you'd like to learn with who has been ICF-Certified for at least three years. We'll usually encourage you to work with a PCC or an MCC.
2. And that, in addition to the feedback we give you throughout SeattleCoach training, you also receive feedback (and a passing grade) from ICF assessors who review the quality of “performance evaluation” recording. We like that.

The main disadvantage for coaches applying via the [ACSTH Path](#): the wait is longer and it's a little more expensive.

The path to credentialing can be confusing. Stay organized, keep track of your hours and documents and we'll help you to navigate it every step of the way.

The SeattleCoach tribe will be your “tailwind” as you grow in this life-changing craft, and as you build your brand, your reputation, your business and even your future collaborations. TTJT

