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[www.seattlecoach.com](file:///C%3A%5CUsers%5CUser%5CDocuments%5CA%2BCoaching%20Practice%5CIO%20Active%5Cwww.seattlecoach.com)

The SeattleCoach Professional Training & Development Program

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**Module III Pathway to PCC**

If you have completed Modules I and II and you have PCC in your sites, share your thoughts about the following questions. Then keep a copy and send one to Julie and Janet who will be your facilitators.

They will send you an electronic agreement to sign.

**Contact Info**

Name:

Mailing address

City       Zip

E-mail address

Best phone number for calling/texting you       Today’s Date

**A Few Questions**

1. When you think of your journey to PCC:
	1. What are 1-2 Core Competencies you would like to better understand and refine?
	2. What is a Core competency you excel at?

* 1. What are some ways in which you want to understand and use your own personal presence more?
1. If this experience is successful, what will be possible for you?
2. Where are you on your credentialing journey?
(Include things like Hours, Recordings, Coaching Exam, something else?
3. What does mastery mean to you?
4. What does deliberate practice mean to you?

**Cohort Agreements**

By joining this cohort, you are agreeing to meet the following requirements to receive your training hours.

1. Participating is important for this learning experience. Our ask is that you miss no more than 2 hours of our live classroom time.
2. Peer coaching with other coaches is a core part of this program. We expect two hours of peer coaching per month. You will be able to add these hours to your “bartered/paid” log which can be used for your credentialing hours.
3. This class also includes an hour per week of independent study and reflection.

Upon completion, you will be awarded 50 coaching training hours and 7 group mentor coaching hours.

Here below is the structure of the activities.

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Activity** | **Frequency** | **Hours awarded** |
| **Synchronous****learning** | Ten 2 hour zoom meetings | Every other week | 20 |
| **Asynchronous learning** | Reading & reflection 1 hour | weekly | 20 |
| **Deliberate Practice** | Practice coaching 1 hour | Every other week | 10 |
| **Mentor coaching** | Group mentor coaching | Classes 8-10 | 7 group |

Your signature:

Date:

Faculty signature:

Date:

Faculty signature:

Date: