

# Coaching with Groups and Teams

## SeattleCoach Module III

### February– June 2025

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#### OVERVIEW

In Modules I and II coaches are trained in coaching individuals. However, many coaches are discovering they want to develop their skills in working with groups and teams to enhance their impact. In Module III *Coaching with Groups and Teams*, participants are trained in a broad number of subjects involved in working with groups and teams. During the ten sessions, we will:

- Work through the ICF Core Competencies (and CCs for Teams) and SeattleCoach Key Skills at a deeper level, working toward mastery. By focusing on these competencies and Key Skills, participants will be better equipped to establish trust, evoke self-awareness, design interventions, and maintain ethical practices.
- Work with tools and concepts such as, Trust Building, Conflict Management, Communication Skills, Group Dynamics, Change Management, etc.
- Work through the Coaching Arc taking time to explore what is involved in preparation for coaching, including presentations to Sponsors, the first session with a team, going deeper with a team, and building consensus for next steps.

#### SCHEDULE

We will meet virtually as a Cohort from 6-8:00 p.m., twice a month on the second and fourth Wednesdays. The first class will be held February 12, 2025. Individual Study will be assigned between sessions. In addition, participants are expected to meet with a peer training group for one hour in between each session to practice learning concepts.

**CCEs** Thirty (30) ICF Accredited CCEs will be granted dependent on attendance. Attendance required to be awarded full CCEs.

**COST/REGISTRATION** \$3,000 if before January 31<sup>st</sup>. If you're registering after January 31, the registration fee is \$3,200.

**QUESTIONS?** Contact faculty member Sue Couper ([sue@seattlecoach.com](mailto:sue@seattlecoach.com)).